



MDABC Peer Support Group Facilitator Volunteer Job Description

The MDABC Psychiatric Clinic and Counselling and Wellness Centre is on West Pender Street in Downtown Vancouver. MDABC is a nonprofit organization that provides treatment, support, education, and hope of recovery for people living with a mood disorder or other mental illness. MDABC is a branch of Lookout Health and Housing Society.

As a Peer Support Group Facilitator, you will guide and support group discussions, providing a safe and empathetic environment for participants to share their experiences and receive mutual support. Your involvement will play a crucial role in fostering a sense of community and promoting mental well-being.

Major Responsibilities

- Facilitate weekly support group meetings, ensuring a respectful, warm, and inclusive atmosphere.
- Encourage open dialogue and active participation among group members.
- Provide emotional support and guidance while maintaining professional boundaries.
- Address any conflicts or issues that arise within the group in a constructive manner.
- Collaborate with our mental health professionals to ensure the group's activities align with best practices.
- Maintain confidentiality and adhere to MDABC's privacy policies.
- Complete any necessary training and attend regular supervision meetings.

Qualifications

- Confidence when dealing with the public in person
- Warmth and enthusiasm
- Passing a criminal record check (at MDABC expense)
- Desire to become very familiar with MDABC programs and services

Training/Preparation

- All MDABC volunteers have opportunities to attend Volunteer Training Sessions
- Self-study on computer to learn about the organization's programs and services

Dates and Location

- Various locations mainly within the Lower Mainland.
- Many Support Groups are held online over Zoom

Length of Commitment

- All MDABC volunteers are asked to make a one-year commitment to any volunteer position

Application

- Please complete the volunteer application form, which can be found on our website (mdabc.net)
- If you have questions about the training or the volunteer position itself, please email nicole.j@lookoutsociety.ca for more information