



Job Posting #C001-20

Registered Clinical Counsellor - MDABC, Vancouver BC

(This is a Contracted Position)

Lookout Housing and Health Society is the social safety net organization which provides minimal barrier housing and a range of support services to destitute and low income adults, who have few, if any, options and who demonstrate an inability to meet their own needs. The Mood Disorder Association of British Columbia (MDABC) is a branch of Lookout which provides treatment support, education and hope of recovery for people living with a mental health diagnosis. We serve to build awareness and understanding in communities throughout the province, reaching out to as many people as possible. For more information about MDABC please visit our website at: www.mdabc.net

Clinical Counsellor Role Overview:

- Provides the following individual, families and groups: Clinical assessments; relationships management; counselling; plans treatment goals, after care support; relapse prevention; conflict resolution; referral services
- Assesses clients' needs and consults with clients and others (families, physicians, and other referral sources), when appropriate, to ensure the development of a comprehensive treatment plan
- Motivates and assists clients in developing and reaching treatment goals
- Documents and reports cases for clinical and administrative case conferencing and case management
- Provides psychoeducation/workshops to community as required
- Contributes to team building and program and policy development by participating in regular team meetings and peer review processes
- Facilitates client utilization of community services and rehabilitative programs
- Initiates and participates in individual professional development; maintains current knowledge and skills in relation to addiction, dual diagnosis, relationship and family issues
- Participates in agency, inter-agency, and/or inter-ministerial committees as required
- Maintains clinical records by recording information such as intakes, assessments, treatment
 formulations, care plans, and progress notes. Maintains statistical information on client activity in
 accordance with established policies, standards, and procedures, including clinical record standards of
 Mental Health Services. Obtains consent forms for release of client information.
- Participate in quality assurance activities by; gathering consumer related information and statistics; developing and evaluating clinical protocols; identifying service needs. Provides input to the Program Director/management regarding policy issues, service gaps, and program development, maintenance, and evaluation needs

Qualifications:

- Master's in Counselling Psychology
- Registered Clinical Counsellor (BCACC) OR Canadian Counsellor (CCPA) certification a requirement
- Related experience required working with clients who experience mood disorders, substance use disorders/addictions and/or who are frequently characterized as concurrent disordered
- Two (2) years' recent related experience providing care through a holistic mental health, substance use and primary care lens or an equivalent combination of education, training and experience.

Knowledge and Abilities:

Comprehensive knowledge of psychotherapeutic and counselling skills

- Comprehensive and demonstrated ability to identify and work with client at different levels of mental health and situation
- Demonstrated ability to develop comprehensive multi-dimensional substance use and mental health assessments to inform treating planning
- Demonstrated ability for case formulation using psychological knowledge and models
- Demonstrated ability to document case notes using psychological terms and models
- Experience with SOAP case note model of documentation
- Demonstrated ability to identify own experiences and values in relation to the counselling role, and own role in client resistance
- Demonstrated ability to conduct self professionally while respecting the client's right to selfdetermination
- Comprehensive ability to establish rapport with clients and carry out the required clinical functions relating to assessment, treatment plan development and implementation
- Ability to work independently, develop and maintain effective working relationships with a diverse range of individuals, interest groups and related service providers, and participate and contribute as a team member with peers
- Ability to problem solve, demonstrating both flexibility and the necessary assertiveness in dealing with complex issues
- Ability to organize work, and to set and adjust priorities in relation to identified risk factors
- Working knowledge of the Mental Health Act, and the Freedom of Information and Protection of Privacy Act (FOIPP).
- Physical ability to perform the duties of the position
- Broad knowledge of bio-psycho-social issues that may occur in response to changing mental health and alcohol and/or other drug needs.
- Broad knowledge of mental health and substance abuse disorders and their interaction
- Broad knowledge of DSM IV/V diagnostic classification system and case formulation
- Broad knowledge of legislation, government policies and procedures that relate to the client
- Demonstrated ability to complete case formulation and, in consultation with the client, to create a treatment plan that addresses both substance misuse and any level of mental disorder
- Demonstrated ability to apply a variety of theoretical models to practice in assessment and intervention
- Demonstrated ability to assess and respond appropriately to emergent situations
- Demonstrated ability to communicate effectively, both verbally and in writing, with clients, colleagues, referral sources, medical personnel, and community agency personnel
- Demonstrated ability to establish priorities, analyze and problem solve in pressure situations.
- Skilled in the use of equipment, and in the techniques appropriate for treatment
- Basic computer literacy to operate a computerized client care information system and word processing, spreadsheet, presentation, internet and e-mail software.

This is a contract position. The hours of work including days off and work area may be subject to change consistent with operational requirements. Successful candidates will be required to obtain BC Ministry Criminal Record Clearance for the vulnerable sector.

Please submit resume and cover letter to: <u>Terri.Mackay@lookoutsociety.ca</u>

Application will be accepted until: March 19, 2020 at 5:00 pm

^{*}Please note only shortlisted candidates will be contacted for an interview. No phone calls please.