

# EDUCATION EVENING

*Turning personal struggles into something to laugh about*

*Stand up comedy by people with a mental illness: taking a look at the lighter side of getting diagnosed, taking meds, seeing counsellors, and surviving the mental health system.*

## STAND UP FOR MENTAL HEALTH

**JOIN US FOR AN  
EVENING OF COMEDY**

**Tickets \$5.00**

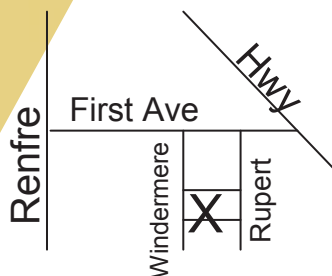
**Available from MDA**

**Seating Limited**

**Thurs, Aug 21  
7 pm**

**Sunrise Hall**

**1950 Windermere St  
(East 4th Ave)  
Vancouver**



MDA is funded by the Provincial Health Services Authority (PHSA), community donations and is a member of the BC Partners for Mental Health and Addictions Information.



**MOOD DISORDERS ASSOCIATION  
OF BRITISH COLUMBIA**

**For more  
information OR  
Tickets contact  
MDA:  
604-873-0103 or  
mdabc@telus.net**