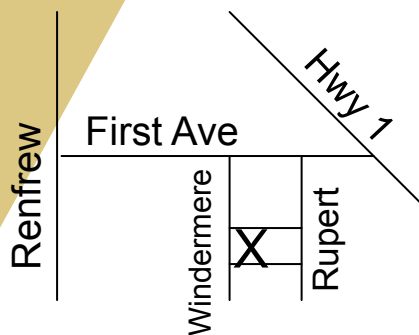


EDUCATION EVENING

Dr. Jane Garland, Child Psychiatrist, Mood Disorders Clinic at BC Children's Hospital, will be joined by two young adults who will tell their personal stories of their struggle with mood disorders.

Less than a decade ago teenage sadness might have been dismissed as driven by hormones or simply as a normal mood swing of a teenager. Today, we realize depression often begins in early childhood and presents differently than in adults. We need to recognize signs of adolescent depression and ask the right questions.



THE SAD TEENAGER

When To Be Concerned & What To Do

Dr. Jane Garland,
Mood Disorders Clinic,
BC Children's Hospital

Question and answer period to follow.

Thurs, Feb 26
7 pm

Sunrise Hall
1950 Windermere St
(East 4th Ave)
Vancouver 

NO CHARGE TO ATTEND

**For more information
contact MDA:
604-873-0103 or mdabc@telus.net**



MOOD DISORDERS ASSOCIATION
OF BRITISH COLUMBIA
www.mdabc.net